

PARTY PLATTERS • ENTRÉES • SALADS • DESSERTS

let us cook for you

LA MONTAÑITA COOP
DELI SELECTIONS

LA MONTAÑITA



FOOD MARKET

www.lamontanita.coop
ABQ • SANTA FE • GALLUP

NON-GMO, GLUTEN FREE, FRESH

Please give us 48 hours notice

BREAKFAST

Breakfast Burritos

Eggs, potatoes and cheese with red or green chile

Eggs, pinto beans and cheese with red or green chile

Ask your Deli Team Member about pricing & gluten free options

Coffee Bar

Cup, stir stick, sugar, Half-n-Half and non-dairy creamer (soy or rice milk).....**\$2.59 per person**

Fresh Baked

Includes morning breads, assorted muffins, scones, bagels and sweet breads with condiments

..... **\$3.59** per person

Gluten free/vegan, add \$.40 per person

Fresh Fruit Platter (in season)

Small (12")..... **\$27.99** (serves 12)

Medium (16").. **\$45.99** (serves 20)

Large (18")**\$57.99** (serves 25)

SANDWICHES • PARTY PLATTERS

Box Lunch

Includes choice of any deli menu sandwich, chips, cookie

..... **\$8.99 per person**

Mini Sandwiches

\$7.99 per person

Choice of meats and/or veggies

All sandwiches come with lettuce and tomato

Veggie option available

Small (12").... **\$44.99** (serves 12)

Medium (16") **\$69.99** (serves 20)

Large (18").... **\$79.99** (serves 25)

Tortilla Pin Wheels*

Choice of meats and/or veggies

Veggie option available

Small (12").... **\$44.99** (serves 12)

Medium (16") **\$69.99** (serves 20)

Large (18").... **\$79.99** (serves 25)

* Three pinwheels per person

Deli Meat & Cheese Platter

Includes fresh sliced roast beef, oven roasted turkey, black forest ham and salami with sliced cheddar, provolone and Swiss cheeses, lettuce, tomato, red onions, pickles, pepperoncinis and olives with breads and condiments... **\$8.99 per person**

Antipasto Platter

Includes salami, ham and provolone cheese with marinated artichokes, olives, mushrooms, roasted pepperoncini and red peppers, served with Crostini

..... **\$7.99 per person**

Veggie Platter

Organic seasonal selections may include red and yellow bell peppers, broccoli florets, cauliflower, red radishes, celery, carrots, cucumbers and tomatoes Served with choice of house-made ranch dressing, hummus, balsamic or blue cheese dressing

..... **\$5.49 per person**

Poached Salmon Platter

Made your way

Ask your Deli Team Member about market pricing



ORGANIC PRODUCTS AVAILABLE

and ask your Deli Team Member about substitutions

FRESH SALADS

Garden Salad

Includes baby greens & Romaine garnished with four additional toppings: black olives, onions, tomatoes, cucumbers and shredded carrots. Served with fresh baked baguette and choice of house-made ranch dressing, balsamic or blue cheese dressing

..... **\$4.99 per pound**

Add grilled chicken breast

..... **\$2.99 per person**

Kale Caesar Salad

Includes kale, Parmesan cheese, house made croutons and house-made caesar dressing

..... **\$9.99 per pound**

Golden Beet & Kale Salad

Includes kale, golden beets, carrots, green onions, red bell peppers, olive oil, apple cider vinegar, garlic, wheat-free tamari, tahini, hemp seeds, oregano and basil..... **\$9.99 per pound**

Tuscan Kale Salad

Includes kale, toasted almonds, Parmesan cheese, honey, garlic, olive oil, balsamic vinegar and basil..... **\$9.99 per pound**



ENTRÉES (by the pound)

Green Chile or Red Chile Chicken Enchiladas..... **\$8.99**

Vegetable Enchiladas* (cheese, veggie or veggie & cheese). **\$8.99**

Meat Lasagna..... **\$8.99**

Veggie Lasagna..... **\$8.99**

Vegan option available

Roasted or Fried Chicken

Seasoned your way..... \$9.99

Co-op Sides & Salads

Cole Slaw, assorted..... **\$7.99**

Potato Salad, assorted..... **\$7.99**

Pasta Salad, assorted..... **\$7.99**

Mashed Potatoes..... **\$8.99**

Roasted Potatoes..... **\$8.99**

Steamed Broccoli..... **\$8.99**

Tarragon Chicken Salad... **\$12.49**

Transformation Tuna Salad..... **\$12.99**

Curry Mango Chicken Salad..... **\$12.49**

classic. new mexican. vegan. vegetarian.



Ask your Deli Team Member about substitutions

DESSERTS

Cookie Platter \$13.99 per doz.

Gluten free add \$.40 per person

Brownie Platter \$2.99 per person

Gluten Free add \$.40 per person

Cupcake Platter \$2.89 per person

Gluten free add \$.40 per person

Cakes

Custom made for all occasions

Ask your Deli Team Member about pricing & gluten free options

Tiramisu

\$8.99 per pound

make eating healthy,
easy & fun.



QUESTIONS? please stop by to see us or call

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Westside • 3601 Old Airport Ave NW • 505.503.2550

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