

LA MONTAÑITA



FOOD CO-OP

2025 ELECTION VOTER GUIDE

SUPPORT
WHAT
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VOTE

NOVEMBER 1-14



Annual Board of Directors Election

La Montañita Food Co-op's business structure is in the name. We're a cooperative, and as such, members can vote for member-candidates running to serve on our Board of Directors. Our nine-member board helps to guide the vision of La Montañita.

So we invite you to take some time to get to know your member-candidates running this year...

About this guide:

Candidates are listed in alphabetical order. The questions and answers have been copied exactly as they appear on the Candidate Application — no edits or changes have been made.

- I = incumbent
- S = current La Montañita staff member

2025 election details at-a-glance

One vote per member account

This year there are nine member-candidates running

Voting period:

Saturday, November 1 – Friday, November 14

Open seats:

Three (3), three-year term seats

Two (2) may be filled by La Montañita staff



For an email reminder and a ballot link:
lamontanita.coop/signup

**DEMOCRATIC
MEMBER CONTROL**

Voting in co-op board elections is one of the most direct ways to shape your co-op's future. Each ballot cast helps ensure the board reflects the community's values, priorities and vision.



Felecia Caton Garcia (she/ella)

Provide a short bio that explains who you are and why you're interested in serving on the La Montanita Food Co-op Board of Directors.

I am a writer, scholar, educator, gardener, and mother who has raised two daughters on traditional Pueblo homeland in the South Valley of Albuquerque. As someone who grew up on a family farm, my earliest memories are of walking through towering stalks of corn, digging for potatoes and cutting asparagus with my grandmother, putting up hay, and rubbing the velvety nose of a calf. Although we struggled financially throughout my childhood, I always knew there would be a place to sleep and food on the table--something every child has a right to experience. Since then, I have had the opportunity as a writer, scholar, and educator to engage the intersection of history, culture, food, farming, ranching, and justice. I am invested in the work of understanding and addressing Indigenous sovereignty, sustainable agriculture, access to local food, and community-based organizations.

When did you become a member, and what inspired you to join?

I became a member in 1999. Since I can remember, my family has been part of food co-ops and labor unions. My first experiences with co-ops consisted of driving for an hour to someone's house where we picked up bags of beans, blocks of cheese, and the ubiquitous box of rice cakes--a lunchbox item that set me apart from most of my classmates. As I continued to learn about the history of the U.S. and the ways in which culture, colonialism, and community have shaped our current system of food supply and distribution, I realized how necessary it was to be part of the work of sustaining access to local food. When I moved to Albuquerque, one of the first things I did was join La Montanita (and marvel at the varieties of rice cakes). Within a year, I had applied to work at the co-op and was hired as a cashier, a position I held while completing my doctoral coursework in American Studies at UNM.

Describe your relevant experience, education, skills or interests you believe will support your service on the board.

In addition to my lived experience, I hold a B.A. in English, an M.F.A. in Creative Writing, and a Ph.D. in American Studies. For the past thirty years, I have taught courses in Composition, Creative Writing, Chicana/e/o Studies, and American Studies. I have worked as a grant writer, copyeditor, and an independent consultant in institutional culture, equity, and belonging. I currently serve as the Executive Director of Organizational Culture and Effectiveness at Central New Mexico Community College. In this capacity, I lead a team that develops data-informed strategies to ensure equitable access and opportunity for every member of our community, builds a workplace culture of purpose and belonging, and establishes

partnerships with local, regional, and national organizations to support the well-being of our diverse communities. In this role, I manage a team, supervise employees, steward a complex budget, and participate as a member of senior leadership at the largest institution of higher education in New Mexico. I am the recipient of a Business First Diverse Leader Award, have served on the board of a local charter school, and been a participant of the Hispanic Association of Colleges and Universities Leadership Academy. Finally, I love food: growing it, cooking it, sharing it.

What do you see as the biggest opportunities for La Montanita Food Co-op to better serve its members and the broader community over the next five years?

1. La Montanita strives to "create a workplace based on dignity, opportunity, and fair compensation." In a challenging national environment, we have an opportunity to increase our investment in a work culture which demonstrates that well-being of employees is inextricable from sustainability and excellent service.
2. Grounded in democratic community, co-ops are designed to prioritize community wealth over profit. As organic and natural options permeate large chains, La Montanita's mission of serving our communities is what sets us apart, and we can and should grow efforts to include people who historically not had access to participation.
3. Much of my work is creating possibilities for collaboration. We can improve existing partnerships and build new ones that will help increase our scope of service and expand our story about who we are and how we contribute to our region.



Peter Clark

Provide a short bio that explains who you are and why you're interested in serving on the La Montanita Food Co-op Board of Directors.

My name is Peter, I am a highly experienced entertainment safety and production management expert specializing in emergency management, logistics, and technical operations. I have a demonstrated history of successfully planning and executing operations for diverse environments, including attractions, entertainment venues, TV/film production, live events, festivals and construction. In Jan, 2024, I was appointed as an interim La Montanita BOD member and made many contributions to the board until Jan, 2025. During that time, I got an in-depth view of the board and learned how it works. My skills and expertise can be applied and leveraged in many ways to support the success of the BOD in policy governance for LMC. This work is rewarding and solution-oriented, and I'm hoping to rejoin the board for a three-year term to be able to set longer term goals and see projects all the way through.

When did you become a member, and what inspired you to join?

I became a member in 2018 when my family and I relocated to New Mexico. I'm an advocate for all things organic, local/regional when it comes to food and I respect La Montanita as a leader in this for the state of New Mexico (that said, the best organic food we eat comes from our garden!). I initially joined and continue to invest my time and money at LMC because these resources should be used to nourish the local food system where actual farmers and small businesses benefit. Engagement and dedication are vital to the continued success of LMC, and our support directly contributes to a more sustainable and equitable food system in NM. It's also my daughter's favorite place for a blueberry muffin, and that means a lot.

Describe your relevant experience, education, skills or interests you believe will support your service on the board.

With significant coursework in anthropology and cultural history at Prescott College I currently hold a certified hazard recognition specialist (CHRS) certification from the NFPA, numerous certifications with the state of NM, and OSHA and serve as the Senior Director, Health & Safety for Meow Wolf Inc. With over 20 years of experience, I specialize in production management, risk management, workplace safety, corporate security, construction management, and budget accountability. Previously, I spent over a decade in renewable energy, creating and managing a fleet of solar generators for concerts and festivals, residential and commercial solar hot water, photovoltaic, and pool heating system sales and installation. My understanding of

complex systems extends to food systems from my experience as an interim board of directors member for La Montanita in 2024, during which time I completed extensive training, webinars, relevant reading and study of cooperative grocery stores and their vulnerabilities. Throughout my life, I've been passionate about volunteer work, dedicating decades to various community organizations, including The Food Depot (Operations Committee Member), Team Rubicon (disaster response organization), The Santa Fe Watershed Society, Meals on Wheels, and The Red Cross.

What do you see as the biggest opportunities for La Montanita Food Co-op to better serve its members and the broader community over the next five years?

Navigating the mass conglomeration of retailers, products, product availability, and quality is an incredible challenge, especially as technology and big business increasingly permeate the food sectors. I believe there is opportunity in being different and the co-op is just that as a hub of local products and resources. As the cost of goods continues to rise with fewer purchasing options, the co-op faces a delicate balancing act to maintain stable operations. Despite these challenges, the next five years present significant opportunities for growth and evolution, with co-ops expanding nationwide. While the Avanuya Plaza store opening is the current and next priority, there is a clear opportunity to grow our reputation and member base within New Mexico and beyond, membership engagement is a key to the next 5 years of success.



Liz Davenport (I)

Describe what you believe has been your most important contribution during your time on the board.

Boards benefit from continuity. At this time, only myself and Peter Chestnut, our Treasurer, have served since before the Pandemic (we've lost the rest of our old timers). I've served as the Board Secretary my entire tenure. When you consider the challenges this coop (and its board) have had to deal with, i.e. said Pandemic, closing the Westside Store and now opening the first coop on Native land, I'm grateful for having lived through them, gleaned the knowledge and understanding, and been part of their resolutions. That experience has been invaluable and will continue to be for the leadership of tomorrow's La Montanita.

When did you become a member, and what inspired you to join?

As soon as I discovered the power of shopping local, I joined La Montanita. That was way back in 1999. (I'd been shopping at LMFC since it was a tiny storefront on Girard and Monta Vista! Who else remembers that?) Shopping at locally owned businesses keeps 69¢ out of every dollar in our local economy. Whereas, only 13¢ of a dollar spent at a big box store stays here. The other 87¢ not only leaves the city, it frequently leaves country! Shipping all that money to China is a relentless drain not just on our economy but also the economy of the entire country. It is simply not sustainable. Imagine the impact if everyone shopped at La Montanita and other local businesses. Personally, I try to spend at least 95% of my disposable income here. Everyone does better when everyone does better!

Describe your relevant experience, education, skills or interests you believe will support your service on the board.

My first year on the board we voted to close the Westside. It had been necessary for years but no other board was willing to do it. Working out how to be as generous and understanding to those employees was an honor. During the Pandemic, as an 'essential business,' we voted to pay our front-line workers an extra \$3.00 an hour. Remember, at that time we did not know what the outcome would be, and the bravery of those staff members was inspiring. After 5 years of negotiating, financing, and planning, the Avanyu store is finally a reality! We hope to open by the end of this

year. Personally, I'm looking forward to the full-service Deli.

I also worked in our Distribution Center for 3 years which gave me an even deeper understanding of the amazing things LMFC makes possible for New Mexico. When Avanyu opens, my goal is to be the bartender in the patio bar. Please, stop by for a glass of local wine or beer!

I've run my business, Order from Chaos, for almost 30 years out of Albuquerque. That included speaking internationally as well as authoring my book through Random House. It is still in publication 25 years later.. It was also published in Japan and Korea. My BSBA and Masters in Adult Education were acquired in New Mexico as well.

What do you see as the biggest opportunities for La Montanita Food Co-op to better serve its members and the broader community over the next five years?

Undoubtedly, the opening of our Avanyu store is going to be a game changer. It will no longer be a "destination store." Think of all the businesses surrounding it – the Holiday Inn and Marriott hotels, the office buildings with 1500+ employees, Lowes, Walgreens, and all the other small businesses like Laguna Burger, 12th Street Tavern and Mama's Minerals. And all those people eat! With easy access from both I-25 and I-40 freeways, this has all the earmarks of a goldmine. The increased income will bring greater patronage dividends as well as opportunities to serve other food deserts, as with our Gallup store. Local producers will benefit as well since we'll make their products available to an even larger audience.



Stacey Nash

Provide a short bio that explains who you are and why you're interested in serving on the La Montanita Food Co-op Board of Directors.

I am a semi-retired HR professional in the Albuquerque area. I have worked most recently in the private sector for a well established hotelier. I joined the co-op as a member and started going to the co-op on a regular basis in 2023. I would like to dedicate any of my free time to an organization that values its members as well as its employees. I bring a wealth of insight to operational challenges, employee engagement and recruiting techniques that have proven results. I am a fan of green chile and love the variety of options for a gluten free gal like myself at the co-op.

When did you become a member, and what inspired you to join?

I joined as a member in 2023. I was contracted to service the water machine at the Nob Hill location and got to know some of the staff and customers. Once I discovered the outstanding food in the deli/baked goods area, I knew I had to join! I still service the water machine and chat with the great staff and customers of the co-op. I always recommend to those I encounter at other retail locations, to visit the co-op and sample some of the taste treats and unusual finds I have found at the co-op.

Describe your relevant experience, education, skills or interests you believe will support your service on the board.

I hold a Bachelors Degree in Business Management and have many HR certifications under my belt. I have 30 years of proven HR experience, numerous awards, commendations and references for outstanding service. I know how to read a P&L and pinpoint areas of cost savings, lost opportunities and techniques to optimize sales and growth. I am a problem solver by nature and can remain calm in all situations. I have been gluten free now for 11 years due to an autoimmune disease and advocate for people to do what is right for their lifestyles to be the best humans they can be.

What do you see as the biggest opportunities for La Montanita Food Co-op to better serve its members and the broader community over the next five years?

I visit one location once a week and I see areas for improvement on customer service, loss prevention, and eliminating product waste. I believe the co-op is an untapped and secret gem that needs to be unearthed and spotlighted for the Albuquerque metro area.

in 2024,
LA MONTAÑITA
CONTRIBUTED OVER
100,000
MEALS TO LOCAL
FOOD BANKS.

CONCERN FOR THE
COMMUNITY

In the first half of 2025, our community contributed more than \$59,000 to local nonprofits through our Round Up for Change program. We're well on our way to surpassing last year's total of \$87,723.



C.E. Pugh

Provide a short bio that explains who you are and why you're interested in serving on the La Montanita Food Co-op Board of Directors.

I have held leadership roles in both family and cooperatively owned retail grocery businesses for over 50 years. I served as La Montanita's General Manager from 2002 - 2008 during a period of dramatic growth for the co-op and the local food system. I joined the National Co-op Grocers (NCG) purchasing co-op in 2008 and was named CEO in 2019. NCG provides purchasing and business services support to 167 locally owned food co-ops in 39 states. I will retire this December and would very much like the opportunity to give back to this cooperative that has given the community so much.

When did you become a member, and what inspired you to join?

I joined the co-op in 2002 when I moved to New Mexico to serve as the co-op's general manager. I grew up on a family farm and have always been inspired by La Montanita's work to support and grow the local food economy.

Describe your relevant experience, education, skills or interests you believe will support your service on the board.

I have held both board and management roles in retail food and purchasing cooperatives since joining La Montanita in 2002, including:

- Six years as La Montanita's general manager leading the expansion to Gallup and Santa Fe and launching the distribution center
- Three years as board member for National Co-op Grocers, including board president
- Five years as board president for Community Co-op Market in Tallahassee
- 17 years in various management roles for National Co-op Grocers, including seven as COO and seven as CEO
- Board member for Food Co-op Initiative — a non-profit supporting new start-up food co-ops nationally

My deep love and passion for cooperatives and their ability to strengthen and grow local food economies.

What do you see as the biggest opportunities for La Montanita Food Co-op to better serve its members and the broader community over the next five years?

Grow the co-op's sales and profitability in an increasingly difficult economic environment in order to:

- Improve our service to the co-op's members, customers, employees and suppliers
- Sustain and increase employee wages and benefits
- Expand the market for local farmers, ranchers and suppliers, and improve their economics
- Strengthen and grow a more diverse and resilient local food economy
- Service the debt associated with the new Albuquerque Avanyu location
- Continue to improve the health and well-being of the communities we serve

**COOPERATION
AMONG
COOPERATIVES**

When buying from and supporting co-ops, we help communities thrive, grow strong local economies and create a future rooted in collaboration and shared success.



Kyeann Sayer

Provide a short bio that explains who you are and why you're interested in serving on the La Montanita Food Co-op Board of Directors.

I support all of the co-op's values. I was inspired to serve on the board now because I am concerned about how the current administration's cuts in social programs are going to affect our community. It seems that the co-op is uniquely positioned to partner with state agencies and nonprofits to find creative ways to anticipate and meet the needs of people who will lose benefits and agricultural producers who will lose business.

I have pretty much always been an "everyday environmentalist", becoming recycling officer and getting voted "most likely to save a whale" at summer camps in the early 90s when I was in jr. high.

I am currently an English teacher, serving students in the US and abroad. My first love is history, and I hope to find a way to finish my PhD focusing on Russian History while remaining in Albuquerque. I feel so lucky to live here and am genuinely, constantly in awe.

When did you become a member, and what inspired you to join?

I became a member of the co-op shortly after moving here in the spring of 2020, and have been since. As I became an adult in the 90s in Missoula, MT, local, organic food was part of the culture. Like many of us, I can't always afford to shop to support my ideals, but in my adult life have been buying as much organic, local food as I can.

I recently attended a board meeting to understand the board's culture better, and was excited to hear about plans for following through with member preferences for involvement based on a recent survey. The co-op is already supporting so many local producers and a variety of nonprofits, and is a fantastic community resource. There is a membership committee that it seems many of us regular members don't attend, and it would be amazing to have active member projects so the co-op has a strong, member-led community presence.

Describe your relevant experience, education, skills or interests you believe will support your service on the board.

I served on an early board at Women's Voices for the Earth in 1996, and was involved, especially, in a campaign to end chlorine bleaching at a local pulp and paper mill. Our community faced a high concentration of dioxin and high cancer rates. The bleaching was eventually phased out, and I hope our efforts helped lay the groundwork for that. We worked with mill workers and managers, city council members, county commissioners, other nonprofits, and a variety of additional stakeholders.

Based on my experience surrounded by activists in Missoula, when working

on my MA in Cultural Studies, I became interested in studying how identifying as an environmentalist can help or hinder environmental efforts, and the mainstreaming of environmentalism. In the early 2000s, I focused on green consumerism/environmental lifestyle as a freelance writer and branding consultant, and managed an international eco design competition. Over the years, I have learned a lot about the boundaries between cooperation and cooptation.

As an MA and PhD History graduate student and TA, I worked with hundreds of students from all over the U.S. and the world, and coordinated with organizations across campuses to meet student needs. Cooperation, communication, and creative problem-solving were a must.

What do you see as the biggest opportunities for La Montanita Food Co-op to better serve its members and the broader community over the next five years?

As I mentioned above, I think that we, as a community, have the opportunity to come together to avert chaos and simply be there for each other. We face losing federal funding to support vulnerable populations, and the communities served by the co-op face new challenges. The change in SNAP and other benefits doesn't have to negatively impact the co-op or local farmers and other producers if we work together.

I would love to see more social and volunteer events that create connections between the "how/where/who" of local food production and the membership. Beyond that, however, I'd really like to see the survey results and possibly do more to find out how members want to be engaged and in what directions they would like to see the board's energy and resources go.



Karen Snow

Provide a short bio that explains who you are and why you're interested in serving on the La Montanita Food Co-op Board of Directors.

I am Karen Snow and live in Santa Fe with my husband, Gordy Bechtel, and our dog, Mimi. We moved to Santa Fe in 2023 and found that LMC met our needs for food and health products. We enjoy supporting the local community and shopping at LMC has been a very positive experience. I would enjoy becoming more involved to support the service offered and gain a better understanding of the co-op.

When did you become a member, and what inspired you to join?

We moved to New Mexico in January 2023, and joined the LMC shortly thereafter. My husband and I have always supported local businesses, farmers markets, CSA's and co-ops where we have resided. Supporting the community, eating locally grown produce and meats are important to us and our lifestyle. I was fortunate to have been raised on a dairy farm with a very large garden so eating fresh fruit and vegetables, and enjoying fresh milk, cheese, and beef, pork, and chicken have been a part of my life since childhood. We felt that joining LMC provided us with high quality produce and meats as well as supported the local community and businesses. Shopping at LMC has been a very positive experience.

Describe your relevant experience, education, skills or interests you believe will support your service on the board.

Professionally, I worked in Automotive and Healthcare supporting executive leadership in understanding and developing strategic plans to address their ever changing environment. The changes varied from creating/modifying business models, updating operating models to address standard practices, ongoing compliance issues, and advising on recommended technologies. I was an active participant in leading and advising the Operations steering committees as well as a member of the Presidential Fellowship Program for Executive Leadership.

Even though, Automotive and Healthcare are different industries. The challenges they face are similar due to the complexity of their business models. It was always a pleasure to gain an understanding of their overall strategy and determine the best approach to grow and sustain the business and address the challenges that they were facing.

Personally, I need an understanding of LMC's strategic goals, their objectives and approach, and understanding the needs of the LMC markets and their customers.

What do you see as the biggest opportunities for La Montanita Food Co-op to better serve its members and the broader community over the next five years?

At this time, I do not know what the biggest opportunities are but know that it would be my responsibility to learn. However, change is constant. Each company I have worked for has had similar objectives: increase revenue, decrease costs, standardization, product modifications to support each market, continued outreach, and assess partnerships. Currently, the environment is a bit unstable and may impact LMC's customer spending habits as well as increase costs. Both will impact LMC's overall performance. Adjustments may need to be made but I would need more information in order to understand the overall impact and how the board would approach the opportunities.

**VOLUNTARY &
OPEN MEMBERSHIP**

Thank you for choosing to be a member.
You're at the heart of what we do, and
we couldn't do it without you.



Annamarie Stull (S)

Provide a short bio that explains who you are and why you're interested in serving on the La Montanita Food Co-op Board of Directors.

I have been a member of La Montanita Food Co-op for over 5 years. I am also an employee of La Montanita and love the culture of our Food Coop. Before I became a member I have always been interested in working with my community and have participated in community or local events. I have volunteered at the Forest Service and have volunteered to renovate Cuidando de Los Ninos, just to name couple. I strive to take an holistic approach in not only my health but all I value. I live east of the Sandia mountains in Moriarty and have

embraced the farming community. I have supported the local farmers and have even worked for the McCalls Pumpkin Patch. Since this is the core of what La Montanita strives to achieve, supporting local farmers and communities, I want to be part of the bigger picture and help our co-op continue to achieve there goals for New Mexico.

When did you become a member, and what inspired you to join?

I became a member over 5 years ago and what inspired me was when I walked into the Rio Grande location I felt at home. It was very welcoming. It immediately reminded me of the time when I was a little girl going to the Nob Hill location to get some ingredients in the bulk department with my family in particular my mother. I loved seeing the local produce and food items all through out the store, especially from Moriarty.

Describe your relevant experience, education, skills or interests you believe will support your service on the board.

With my certification in bookkeeping and my experience as an office manager, I will not only understand financial management for the co-op but support with financial developments. As the Promotions Specialist at the Co-op I have come to know the culture, understand customers wants and

needs, and see how we really support the communities and local vendors all over New Mexico. Including regional companies and farmers.

I have actively been involved with leadership and have facilitated operations meetings.

In the past I have coordinated events and trainings for large companies, like the University of New Mexico and Sandia National Laboratories.

I love gardening and nature and am always looking into ways to be sustainable and earth friendly in all I to do.

What do you see as the biggest opportunities for La Montanita Food Co-op to better serve its members and the broader community over the next five years?

I think the biggest opportunities for the La Montanita is to continue to keep local product in our locations and stay true to our values. In addition keeping our retail prices reasonable but able to keep our ends in a good place to stay open.

For the community, I think using the distribution center to its fullest community businesses and school programs would be a great opportunity for the Co-op.

In addition have a true active program to help small businesses or co-ops get started.

AUTONOMY & INDEPENDENCE

We carry more than 2,000 local products, representing over 170 brands — and the selection is growing! By supporting local and regional producers, we help build a stronger economy and a more autonomous supply chain.



Courtney Williams (S)

Provide a short bio that explains who you are and why you're interested in serving on the La Montanita Food Co-op Board of Directors.

Community service has always been a cornerstone of my values. Over the years, I've volunteered with Habitat for Humanity, the Animal Humane Society, and several local food banks; these experiences deepened my commitment to supporting others. Working at La Montanita Food Co-op has given me a firsthand look at how the organization uplifts our community through sustainable practices and cooperative values. I'm eager to serve on the Board to help strengthen these efforts and contribute to the Co-op's mission in a more strategic and impactful way.

When did you become a member, and what inspired you to join?

I became a member a few months after joining La Montanita as an employee. I was inspired to become a member to deepen my connection to the Co-op and support its mission beyond my role at work. Joining felt like a natural extension of my commitment to community-driven values and cooperative principles.

Describe your relevant experience, education, skills or interests you believe will support your service on the board.

At La Montanita, I've had the privilege of working closely with teams and leadership to align our operations with values that serve people first. I bring a collaborative spirit, a deep respect for diverse voices, and a passion for creating spaces where everyone feels seen and supported. My experience in strategic roles helps me listen deeply, ask thoughtful questions, and turn ideas into action. I believe in the power of community, and I'm committed to helping the Co-op thrive as a place where relationships and shared purpose drive everything we do.

Over the past decade, I have worked in roles that blend strategy, collaboration, and data-driven decision-making. These experiences have taught me how to listen closely, build consensus, and turn insights

into meaningful action. Whether I'm supporting a team, mentoring peers, or volunteering in the community, I strive to create spaces where people feel heard and valued. I believe these skills will help me serve the Co-op's mission with both heart and purpose.

What do you see as the biggest opportunities for La Montanita Food Co-op to better serve its members and the broader community over the next five years?

La Montanita has a powerful foundation built on cooperation, sustainability, and local connection. Over the next five years, I see a major opportunity to deepen relationships with our members by expanding education around food systems, wellness, and cooperative values. We can also strengthen partnerships with local farmers and producers to ensure more equitable access to fresh, affordable food. Enhancing transparency and communication, especially through member-led initiatives and storytelling, can foster a stronger sense of belonging. Finally, investing in inclusive community outreach will help us better reflect and serve the diverse voices that make up our New Mexico community.

MEMBER ECONOMIC PARTICIPATION

When you shop at the co-op, your money stays in our community longer, helping create lasting change. Your dollars support local businesses, pay local wages, reinvest profits locally and back important causes right here at home.

MAKE
HEALTHY
FOOD &
GOODS
ACCESSIBLE

PROMOTE
ENVIRONMENTAL
SUSTAINABILITY
IN OUR
PRACTICES
&
PRODUCTS

CREATE
A
WORKPLACE
BASED ON
DIGNITY
OPPORTUNITY
& FAIR
COMPENSATION

WELCOME
&
CELEBRATE
OUR
WHOLE
COMMUNITY

CHAMPION
LOCAL
FOOD
SYSTEM

LA MONTAÑITA
FOOD  CO:OP

See what good food can do.